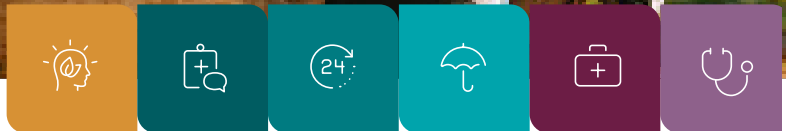


# Health and wellness resources

HealthConnector

# Why choose Equitable HealthConnector?



## Equitable HealthConnector® offers you:

- Value-added support through Homewood Health® Online and RxFood – included with all Equitable group benefits plans at no extra cost;
- Comprehensive additional services to complement your health and wellness strategy;
- Flexibility to customize your plan to your employees' unique needs;
- Easy access for your employees;
- Simplified billing; and
- Peace of mind in providing a health and wellness solution that will impact your employees' well-being and your bottom line.

**Talk to your advisor to learn more about our Equitable HealthConnector solutions and help your employees learn how to live well every day.**



**HealthConnector**

## A full suite of health and wellness resources for your team

Our comprehensive Equitable HealthConnector® services provide flexible options to help your employees stay healthy and productive. Whether it's advice for dealing with the demands of a busy household or support when diagnosed with a serious illness, HealthConnector can help with affordable tools and resources that benefit both you and your team. Here's how:

### Equitable HealthConnector can help you:

- Decrease the impact of health-related absences and claims.
- Improve productivity and overall workplace health.
- Strengthen retention and recruitment efforts.

### Equitable HealthConnector can help your employees:

- Cope with everyday challenges related to work, home and family responsibilities.
- Bring their best game to work every day.
- Get the support they need if they're diagnosed with a serious illness.
- Identify their mental health risks and connect with the resources they need.

## Value-added resources included in all group benefits plans



### Equitable HealthConnector portal

Equitable HealthConnector is the gateway to the health and wellness resources and information your employees need. They can use HealthConnector to:

- Access up-to-date health articles and tools.
- Find resources to assist with making more informed medical and lifestyle decisions.
- Learn how to cope with everyday issues.
- Find a health care practitioner.
- Search for information about prescription drugs.



### Homewood Health Online (Homeweb)

Homewood Health Online provides online information, tools and resources to help employees cope with everyday issues. This includes an online health risk assessment, and access to, an innovative cognitive behavioural therapy program that helps employees seeking support with anxiety or depression.

<b>Family</b>	Topics range from coping with a divorce, dealing with grief or loss of a loved one and parenting.
<b>Health</b>	Provides resources to address both physical health (with dedicated resources for children and seniors) and mental health.
<b>Life</b>	Whether it's dealing with a crisis, planning for retirement or just getting through the day, Homewood Health Online can provide tools and resources to help.
<b>Money</b>	Buying a new car? Need help saving money? Your employees can count on the support available through Homewood Health Online.
<b>Work</b>	Resources are available for both managers and employees to help ensure your team stays motivated and productive.



### RxFood personalized nutrition

RxFood is a mobile nutrition app that gives employees more opportunity to make healthy and informed food choices.

Using technology powered by artificial intelligence, RxFood turns everyday meals into personalized insights, practical tips and tailored recommendations.

The app can also provide recipes and ingredient options to suit every employee's budget.

## Additional Equitable HealthConnector services\*



**Dialogue Virtual Healthcare:** A convenient, flexible service that offers employees quick access to non-urgent medical care for common health issues. Employees can connect with doctors, nurse practitioners and nurses through the secure web portal or mobile app—available 24/7.



**Homewood Health Employee and Family Assistance Program (EFAP):** A fully integrated employee and family assistance program (EFAP) that offers work-life and wellness services. Through the EFAP, employees get access to a national network of counsellors and clinical professionals. Employees can receive support in person, by phone, email, chat, video, or through self-directed programs. They get timely, appropriate help for whatever issue they're facing.



**WorldCare Medical Second Opinion™:** This medical second opinion service provides expert, timely e-consultations for serious illnesses. The service delivers highly specialized, personalized electronic medical second opinions from leading medical centres across North America.



**FeelingBetterNow®:** A confidential, medically approved online system that helps employees and eligible dependants identify mental health concerns and discuss them with their health care providers. The service supports early diagnosis, treatment and follow-up for common conditions, and includes a library of evidence-based self-management tools.



**The CAREpath Navigation System™:** A cancer assistance program that connects employees and their families with an experienced team of oncology nurses and doctors. They explain tests, diagnoses and treatment options. This support helps reduce the physical and emotional impact of a cancer diagnosis.

\*Additional Equitable HealthConnector services are billed as part of your monthly premium statement.



# About Equitable

At Equitable, we believe in the power of together. This is how we focus on our clients. It's how we support advisors and give back to our communities.

Partnered with advisors we offer insurance, investments and group benefit solutions to help our clients protect today and prepare tomorrow. We believe the world is better when we work together.



Insurance | Investments | Group Benefits